

Health History Form

The information request below will assist us in treating you safely. Feel free to ask any questions about the information being requested. Please note that all information provided below will be kept confidentially unless allowed or required by law. Your written permission will be required to release any information.

Name: _____ Phone # _____

Address: _____

Occupation: _____ Date of Birth: _____

Have you received massage therapy before? Yes No

Did a health care practitioner refer you for massage therapy? Yes No

If yes, please provide their name and address. _____

Please indicate conditions you are experiencing or have experienced:

<p><u>Cardiovascular</u></p> <p><input type="checkbox"/> high blood pressure</p> <p><input type="checkbox"/> low blood pressure</p> <p><input type="checkbox"/> chronic congestive heart failure</p> <p><input type="checkbox"/> heart attack</p> <p><input type="checkbox"/> phlebitis / varicose veins</p> <p><input type="checkbox"/> stroke/CVA</p> <p><input type="checkbox"/> pacemaker or similar device</p> <p><input type="checkbox"/> heart disease</p> <p>is there a family history of any of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><u>Respiratory</u></p> <p><input type="checkbox"/> chronic cough</p> <p><input type="checkbox"/> shortness of breath</p> <p><input type="checkbox"/> bronchitis</p> <p><input type="checkbox"/> asthma</p> <p><input type="checkbox"/> emphysema</p> <p>is there a family history of any of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><u>Infections</u></p> <p><input type="checkbox"/> hepatitis</p> <p><input type="checkbox"/> skin conditions</p> <p><input type="checkbox"/> TB</p> <p><input type="checkbox"/> HIV</p> <p><input type="checkbox"/> herpes</p> <p><u>Other Conditions</u></p> <p><input type="checkbox"/> loss of sensation, where? _____</p> <p><input type="checkbox"/> diabetes, onset: _____</p> <p><input type="checkbox"/> allergies/hypersensitivity to what? _____</p> <p>type of reaction: _____</p> <p><input type="checkbox"/> epilepsy</p> <p><input type="checkbox"/> cancer, where? _____</p> <p><input type="checkbox"/> skin conditions, what? _____</p> <p><input type="checkbox"/> arthritis</p> <p>is there a family history of arthritis? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><u>Head/Neck</u></p> <p><input type="checkbox"/> history of headaches</p> <p><input type="checkbox"/> history of migraines</p> <p><input type="checkbox"/> vision problems</p> <p><input type="checkbox"/> vision loss</p> <p><input type="checkbox"/> ear problems</p> <p><input type="checkbox"/> hearing loss</p> <p><u>Women</u></p> <p><input type="checkbox"/> pregnant, due: _____</p> <p><input type="checkbox"/> gynaecological conditions, what? _____</p> <p>Overall, how is your general health? _____</p> <p>Primary Care Physician: _____</p> <p>Address: _____</p>
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Current Medications: _____

condition it treats: _____

Are you currently receiving treatment from another health care professional? Yes No

If yes, for what? _____

Surgery – date _____

nature: _____

Injury – date _____

nature: _____

Do you have any other medical conditions? (e.g. digestive conditions, haemophilia, osteoporosis, mental illness) Yes No

what? _____

Do you have any internal pins, wires, artificial joints or special equipment? Yes No

what? _____

where? _____

What is the reason you are seeking massage therapy? Please include the location of any tissue or joint discomfort.

Notes:

<p>Date of initial Health History: _____</p> <p>Update 1 _____</p> <p>Update 2 _____</p> <p>Update 3 _____</p> <p>Update 4 _____</p>
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INFORMED CONSENT
Registered Massage Therapy

I hereby consent to massage therapy by the Registered Massage Therapist identified below. I have been informed of the following:

- What the treatment is
- Which areas that will need to be worked on
- Benefits of the treatment
- Risks of the treatment
- Alternatives types of treatment
- The right to terminate/modify/change the treatment at any time at my request

All the information I provide is confidential, unless I give permission, and written consent to release my information. My consent is voluntary, and I can withdraw my consent at any time either verbally or in writing.

If there is any change in my health or in my condition, I must inform, and update the Registered Massage Therapist, as it is my responsibility.

I am informed, and I understand that as in any medical treatment, there may be temporary side effects to massage, such as muscle soreness, or cramping, headaches, light headedness, fainting, nausea or heart rhythm irregularities.

This consent form will cover the entire course of treatment for my present condition, starting on the date indicated below.

I also understand that my information will be shared with other Registered Massage Therapists that will work with me, and that the College of Massage Therapists of Ontario can assess my file anytime.

Furthermore, I understand, and I am fully aware that I need to give 24 hours notice if I need to cancel or change my appointment, or else I will be charged a fee of \$25 in my account for not showing up.

Date: _____

Client's Signature